## Fish Contamination Education Collaborative (FCEC)

The FCEC works to protect the public from the health risks of consuming local contaminated fish from the Palos Verdes Shelf Superfund Site

Newsletter— December 2023



www.pvsfish.org www.facebook.com/fcecprogram

Since 2003

The FCEC continues to support educational and outreach efforts to limit the health risk to the public from consumption of contaminated fish. Over the past few months, FCEC partners have conversed with anglers at local piers and attended local events to educate the public about these risks. Check out what we've been up to!

#### ANGLER OUTREACH

## Pier Angler Outreach Activities October 2022 – September 2023

- Approximately 11,097 anglers reached!
- 3,886 anglers were new contacts (35%)
- 8,020 anglers were aware of contamination (72%)

Watch for Do Not Eat Contaminated Fish Sign Updates in 2024!





#### COMMUNITY OUTREACH/RECENT EVENTS



Community Health & Resource Fair, July 8, 2023—The Community Health and Resource Fair is a collaborative event hosted by Senator Tom Umberg of District 34 and Anaheim City Councilmember Carlos Leon. Community members engaged with various community resource booths to learn more about social services available to them. The event offered free services to community members in the form of dental services, mammograms, asthma screenings, general health screenings, food distributions, and vision screenings. Community members also engaged in fun activities such as raffles, free desserts, and photo opportunities with Anaheim's hockey team mascot, the Anaheim Duck! The event was attended by 200 community members with 77 attendees stopping by the FCEC Booth. While reviewing FCEC booth materials, many attendees indicated that they

fish at near Newport and Huntington Beach Pier. Tip cards and brochures where distributed to attendees in English,

### Community Health and Resource Fair, August 27, 2023— This Communi-

ty Health and Resource fair is hosted by the Vietnamese Alliance Church to connect the surrounding community to medical and community resources. Attendees were able to participate in free screenings for bone density, colorectal cancer, blood pressure, and blood sugar. They were also able to get free flu and COVID-19 vaccinations, free food, and drinks! The event attracted more than 75 attendees with approximately 50 individuals visiting the FCEC booth. The FCEC booth distributed educational outreach materials including the tip card, brochure, comic books, and fish ID cards. The comic books and the fish ID cards are popular and attract families to the booth. Many attendees were excited to use the tip card as a guide and especially fancied the images of the fish to act as a guide for fish identification.





#### Baja Splash Festival, September 23-24, 2023–

The Baja Splash Cultural Festival is an annual Hispanic Heritage event hosted by The Aquarium of the Pacific in Long Beach, California. The event features traditional dance, live music, multi-lingual educational programming, and presentations showcasing Hispanic cultures from around the world. The event attracted approximately 12,000 attendees with approximately 400 individuals visiting the FCEC booth. The FCEC booth distributed educational outreach materials including the tip card, brochure, comic books, and fish ID cards in English, Spanish, and Chinese. The comic books and the fish ID cards were the most popular outreach materials and attracted families to the booth. The fishing game also generates a lot of attention to the booth.

## FCEC Program News



#### pvsfish.org website updates:

- FCEC Partner Contact List ✓
- FCEC Map with current bait shops distributing outreach materials ✓
  - New photos of the fishing piers (Coming soon!)

# **REDUCE YOUR RISK**

Fish contaminated with PCBs and DDT do not look, taste, or smell any different than fish that are not contaminated.

- **1** Follow local fish advisories: Avoid eating fish with unsafe amounts of PCBs and DDT.
- **2** Eat only the skinless fillet: PCBs and DDT build up in the fatty parts of the fish.
- **3** Bake, broil, steam, or grill fish: These cooking methods let PCBs and DDT drip away.

## **Completed 2023 Community Events**

- 2023 San Gabriel Lunar New Year Festival—February 4, 2023
- Abrazar Spring of H.O.P.E. Community Health Fair—March 17, 2023
- Aquarium of the Pacific Annual International Children's Festival— March 18-19, 2023
- CCHC Annual Walkathon and Carnival—April 15, 2023
- Senator Umberg & Councilmember Carlos Leon Community Health & Resource Fair—July 8, 2023
- Garden Grove Police Department National Night Out—August 1, 2023
- Holy Spirit Church Community Wellness Event—26 August 2023
- Vietnamese Alliance Church Community Health and Resource Fair— August 27, 2023
- Nhan Hoa Annual Health Fair—September 23, 2023
- Aquarium of the Pacific Baja Splash Festival—September 23-24, 2023